Empowerment | Self-Control | Integrity | Respect | Self-Confidence | Safety

The Family Action Centre at The University of Newcastle, in collaboration with The Gadaku Institute offers Rock and Water Professional Development Training across Australia. A very physical program in its delivery, the training uses physical-social teaching and experiential learning with a focus on the Golden Triangle: **Body Awareness — Emotional Awareness — Self Awareness**

**PROFESSIONAL DEVELOPMENT TRAINING**

1 Day Introductory Workshop

**A CONNECTION TOOL FOR TEACHERS**

*Ideal opportunity for a Staff Development Day*

Staff are taken through the basics of the Rock and Water Program and the first six lessons from the 3 day accredited Rock and Water training program.

**COST** SET FEE: $2,980 (inc gst, 15 manuals, Theory Book, Basic Exercises DVD, certificates & name tags)

3 Day Workshop

**COST** SET FEE: $16,500 (inc gst, 30 manuals, certificates & name tags)

2 Day Specialised Workshop

Specialised Primary, Girls & Women and Autism Workshops

**COST** SET FEE: $11,500 (inc gst, 30 manuals, certificates & name tags)

**NOTE** Closed workshops are only available for a whole school or school cluster / organisation. Additional costs for the trainer’s travel and accommodation may apply for workshops held in remote locations.


**OPEN 3 Day Rock and Water Workshop**

A comprehensive understanding of the Rock and Water theory and principles

This training offers educators, health professionals and support service providers a unique way to engage young children, adolescents and adults within a safe environment. The program is most successful when a whole organisation approach is taken. It can be implemented as a standalone program or parts of, integrated into other resilience / anti bullying programs.

**COST:** $ 750 (inc gst, catering & manual)
$1070 (inc gst, catering, manual & *Resource Pack)

**OPEN 2 Day Specialised Workshops**

2 Day Primary School Workshop

A program that's fun and engaging for young people

121 games and practical material incorporating the Rock and Water approach. Designed to suit each stage of a young child’s (4–12 years) social and emotional development. Ideal resilience program for children in foster care and those who have experienced early childhood trauma.

2 Day Focus on Girls and Women Workshop

Reinforces to girls and women how confident, independent and strong they can be

This training uses the basic skills and concepts of Rock and Water while paying special attention to the developmental challenges, qualities and strengths of girls and women.

2 Day Autism Workshop

Rock and Water principles and exercises designed to support children living with Autism

Educators, therapists and carers learn practical skills to help children living with Autism gain greater self-understanding, self-awareness, enhance communication skills and better coping strategies for managing stressful situations.

**COST:** $561 (inc gst, catering & manual)
$881 (inc gst, catering, manual & *Resource Pack)

**CLOSED Rock and Water Workshops**

THE TRAINER COMES TO YOU FOR A SET FEE

For enquires contact: Family Action Centre, University of Newcastle, University Drive, Callaghan NSW 2308

p. +61 2 4921 6403 | f. +61 2 4921 8686 | e. FAC-events@newcastle.edu.au | FB. www.facebook.com/RockandWater
ROCK AND WATER TOUR 2014

PERSONAL DETAILS

1st Person
Title _____  Given Names ___________________________ Surname ___________________________
Position ____________________________________________
Email (essential) _______________________________________

2nd Person
Title _____  Given Names ___________________________ Surname ___________________________
Position ____________________________________________
Email (essential) _______________________________________
Organisation _________________________________________ Contact _______________________
Postal Address _________________________________________
Town/City ___________________________________________ State _____________________________ Postcode ___________
Phone ___________________________ A/H contact (essential) ___________________________
Fax ___________________________ How did you hear about the training? _______________________
Dietary Requirement ___________________________________

(Requests for Halal or Kosher meals may incur additional costs, please contact our office for more details)

TOUR DATES
3 DAY WORKSHOPS

O NSW Dubbo
18 – 20 June
Venue: Dubbo South Public School

O TAS Hobart
2 – 4 July
Venue: YMCA of Hobart Glenorchy

O SA Port Lincoln
21 – 23 July
Venue: West Coast Youth & Community Inc.

O NSW Western Sydney
1 – 3 September
Venue: Guildford Youth Centre

O QLD Brisbane
8 – 10 September
Venue: PCYC Inala

O VIC Melbourne
8 – 10 September
Venue: Melton Secondary College

O SA Adelaide
24 – 26 September
Venue: Woodville Primary School

ATTENDANCE COSTINGS

3 Day Training $ 750 pp (inc gst, catering and manual) or $ 1070 pp (inc GST, catering, manual, theory book, basic exercise DVD, Bringing it Together - 22 case studies, R&W Boys & Girls Poster packs 1 & 2 and NEW certificate pack)

Please note you will receive the supporting resources by post and the manual at the training.

PAYMENT DETAILS:
CHEQUE / CREDIT CARD / ONLINE

This completed form is your Tax Invoice for the purposes of GST An Invoice Receipt will then be issued confirming payment

Number of people attending @ $ 750 ______
Number of people attending @ $1070 ______
TOTAL COST (inc gst) $ __________________

O CHEQUE - Make cheque payable to: The University of Newcastle

O CREDIT CARD Please debit my O VISA O MASTERCARD EXPIRY DATE _____/_____
CARD NUMBER ___________ / ___________ / ___________ / ___________
NAME OF CARDHOLDER _____________________________________________
SIGNATURE ____________________________ CARDHOLDER’S CONTACT NO. _______________________

O REGISTER only with credit card ONLINE @ www.newcastle.edu.au/rw

LIABILITY WAIVER All participants listed on this registration must read and sign below.

I agree and acknowledge that I am undertaking participation in the Rock and Water training and activities at my own free will and intentional act. I am fully aware that possible physical injury might occur to me as a result of my participation in this event. I give this acknowledgement freely and knowingly and that I am as a result able to participate in the events and I do hereby assume responsibility for my own well-being.

Participant 1 Signature: _____________________________________________

Participant 2 Signature: _____________________________________________

CANCELLATION POLICY Written requests for registration refunds must be postmarked or emailed 2 weeks prior to the commencement date and will then be refunded (less $80.00 processing fee). Cancellations received within 2 weeks of the commencement date will not be refunded although the registration can be transferred to another participant for the same workshop. No refunds are given for no-shows. In the event of unforeseen circumstances The Family Action Centre reserves the right to change or cancel workshops.

The Family Action Centre is a not for profit organisation. By attending events or purchasing resources from the FAC you are supporting the development of further resources and continued delivery of professional development training.

We will keep you informed of future training opportunities. O I DO NOT wish to be added to the promotional database

QUESTIONS? Call: 02 4921 6403 Send your Registration Form by: e: FAC-events@newcastle.edu.au  l f: 02 4921 8686 p: Family Action Centre, University of Newcastle, University Drive, CALLAGHAN NSW 2308
TOUR DATES
2 DAY WORKSHOPS

Girls / Women Focus

○ VIC Melbourne 16 – 17 June
Venue: Emmanuel College, Notre Dame Campus, Pt Cook

○ NSW Newcastle 23 – 24 June
Venue: St Laurence Centre, Broadmeadow

○ SA Adelaide 28 – 29 August
Venue: Cabra Dominican College

○ NSW Sydney 15 – 16 September
Venue: St Clair High School

Primary School Focus

○ VIC Melbourne 14 – 15 July
Venue: Sunshine North Primary School

○ NSW Sydney 28 – 29 July
Venue: Bert Oldfield Public School, Seven Hills

○ QLD Brisbane 4 – 5 August
Venue: Upper Mount Gravatt State School

○ TAS Launceston 6 – 7 November
Venue: PCYC Newstead

Autism Spectrum Disorders Focus

○ QLD Gold Coast 21 – 22 August
Venue: Burleigh Heads State School

○ NSW Sydney 28 – 29 July (postponed - date TBA)

ATTENDANCE COSTINGS

2 Day Training $ 561 pp (inc gst, catering and manual) or
$ 881 pp (inc GST, catering, manual, theory book, basic exercise DVD, Bringing it Together - 22 case studies, R&W Boys & Girls Poster packs 1 & 2 and NEW certificate pack)

Please note you will receive the supporting resources by post and the manual at the training.

PAYMENT DETAILS : CHEQUE / CREDIT CARD / ONLINE

This completed form is your Tax Invoice for the purposes of GST An Invoice Receipt will then be issued confirming payment

Number of people attending @ $ 561
Number of people attending @ $ 881

TOTAL COST (inc gst) $ __________________

○ CHEQUE - Make cheque payable to: The University of Newcastle

○ CREDIT CARD Please debit my □ VISA □ MASTERCARD EXPIRY DATE _____ / _____ / _____ / _____

CARD NUMBER ____________________ / ____________________ / ____________________ / ____________________

NAME OF CARDHOLDER ____________________ CARDHOLDER’S CONTACT NO. ____________________

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