What is DRUMBEAT?
The Holyoake DRUMBEAT Program is an evidence based intervention program used widely across Australia and New Zealand with ‘at risk’ young children, youth and adults. DRUMBEAT explores relationship issues central to healthy relationships and lifestyles in a structured format that extends across 10 one hour sessions. In Australia the program is a recognised unit of curriculum and delivered as a course of study in ‘personal development’.

DRUMBEAT – Winner of the WA Child Safety Award 2013

The Holyoake DRUMBEAT program is delivered in both primary and secondary schools as well as in adolescent and children’s mental health services, children’s hospitals, juvenile detention facilities, child trauma services, drug and alcohol services, eating disorder units, refugee trauma units and special needs schools. Facilitators complete either a three day accredited workshop or the online training program.

The Program explores relationship issues such as:
- Peer Pressure
- Bullying
- Identity
- Teamwork
- Social Responsibility

‘Very inventive, fun, well presented, inspiring analogies. Awesome!’
Peter Lawson, Youth Engagement Worker
Tangentyere Land Council, Alice Springs

DRUMBEAT engages participants quickly through the medium of music. It is physical, providing an avenue for the release of inner tension. The program provides a sense of connectedness with self and others.

DRUMBEAT is FUN!

OUTCOMES
- Increased cooperation, collaboration and cohesiveness in group activities
- Improved relationships with peers and teachers
- Improved interpersonal skills
- Increased resilience
- Improved problem-solving skills
- Increased emotional regulation
- Increased self-awareness and self-esteem
- Reduction in tension, anxiety and stress
- Reduction in anti-social behaviour
- Increased school attendance

‘Fantastic – would recommend it to everyone’
Narelle Taylor, Teacher, Kalgoorlie PS

DRUMBEAT Training
No prior musical experience necessary

DRUMBEAT training equips attendees with skills to present the DRUMBEAT program. The training covers practical skills of working with youth, including managing challenging behaviours. It covers facilitation skills, therapeutic factors of group work and the implementation and evaluation of the DRUMBEAT program itself.

“As someone who has worked with offenders over a period of 30 years I firmly believe that programs such as DRUMBEAT offer an essential opportunity to engage with offenders. Either alone or in a coordinated sequence with other programs DRUMBEAT presents another important way forward in our efforts to effectively engage with the offender.”
Dr David Indermaur - Senior Research Fellow
Crime Research Centre University of Western Australia

2014 PROFESSIONAL DEVELOPMENT TRAINING PROGRAM

3 Day Workshops

| Costs: | $895 pp (inc gst, catering & manuals) |
| or | $1090 pp (inc gst, catering, manuals, Instructional DVD & Educational Posters) |

Where: Brisbane, Adelaide, Melbourne, Canberra, Central Coast, Brisbane, Byron Bay, Sydney, Townsville, Albury/Wodonga, Newcastle

1 & 3 Day Refresher (Will need to provide own drum)

| 1 Day Refresher | Cost -$295 pp (inc gst, catering and latest manuals) |
| 3 Day Refresher | Cost - $550 pp (inc gst, catering and latest manuals) |

NOTE: To be eligible for a Refresher, participants must have completed a 3 day workshop. The 1 day refresher is conducted on the 3rd day of the 3 day workshops. Limited numbers apply.

PAYMENT: Cheques or VISA/MasterCard credit card only

Or Register ONLINE @ www.newcastle.edu.au/drumbeat (available in 2014)

Facilitators

DRUMBEAT Training is delivered by Holyoake, WA. Simon Faulkner and Grace Trusso are the facilitators of the program.

To view biographies visit: www.newcastle.edu.au/drumbeat

Accreditation

The DRUMBEAT program has been accredited by the Curriculum Councils of WA & QLD as a recognised unit of curriculum that can be studies for credits towards the high school graduation certificate and also meets the criteria of the VCAL and SACE. The program is also endorsed as a recognised course of social and emotional learning by Kids Matter - Australian Primary School Mental Health Initiative. Visit: http://snipurl.com/25fd8s

The DRUMBEAT Facilitator training is an endorsed training program with the NSW Institute of Teachers.

For further information & to register go to:
www.newcastle.edu.au/drumbeat

Contact Details
Family Action Centre, University of Newcastle, Callaghan NSW 2308
p. +61 2 4921 6403 f. +61 2 4921 6886 e. FAC-events@newcastle.edu.au

For details on training in WA, NT & TAS Contact Holyoake, WA p. +61 8 9416 4444 or visit w. www.holyoake.org.au
DRUMBEAT TOUR 2014

TOUR DATES

- QLD Brisbane
  12 – 14 February
  Venue: Runcorn State High School
- SA Adelaide
  19 - 21 March
  Venue: OYS - Reynella
  10 Main South Rd
- VIC Melbourne
  24 – 26 March
- ACT Canberra
  21 - 23 May
- NSW Central Coast
  26 – 28 May
- QLD Brisbane
  18 - 20 June
- NSW Byron Bay
  23 – 25 June
- NSW Sydney
  23 - 25 July
- VIC Geelong
  28 – 30 July
  Venue: YWCA Geelong
- QLD Townsville
  4 - 6 August
- SA Adelaide
  3 – 5 September
- NSW Albury/Wodonga
  8 - 10 September
- NSW Newcastle
  15 – 17 September
- QLD Brisbane
  15 - 17 October
- NSW Sydney
  20 – 22 October
- VIC Melbourne
  10 - 12 November

PERSONAL DETAILS

1st Person Title _____ Given Names __________ Surname __________
Position ______________________________
Email (essential) ______________________

2nd Person Title _____ Given Names __________ Surname __________
Position ______________________________
Email (essential) ______________________

For Referrers Only: Date of 3 day workshop attended: __________ Location: __________
Organisation _____________________ Contact ___________________
Postal Address _____________________________ State __________ Postcode __________
Phone ___________________________ A/H contact (essential) __________
Fax ___________________________ How did you hear about the training? __________
Dietary Requirement ____________________________

(A Requests for Halal or Kosher meals may incur additional costs, please contact our office for more details)

ATTENDANCE COSTINGS

3 Day Training $ 895 pp (inc gst, catering and manuals) or $1090 pp (inc gst, catering, manuals, Instructional DVD and Educational Posters)
A DVD Agreement stating you will not copy or distribute the DVD will be emailed to you for signature after registering.

1 Day Refresher $ 295 pp (inc gst, catering and latest manuals) – Attend 3rd day of 3 Day workshop dates

3 Day Refresher $ 550 pp (inc gst, catering and latest manuals) - remains same price for 2014

NOTE: To be eligible for a Refresher, you must have completed a 3 day workshop. Will need to provide own drum

PAYMENT DETAILS: CHEQUE / CREDIT CARD / ONLINE

This completed form is your Tax Invoice for the purposes of GST An Invoice Receipt will then be issued confirming payment

Number of people attending @ $ 895 ______
Number of people attending @ $1090 ______
Number of people attending @ $ 295 ______
Number of people attending @ $ 550 ______ TOTAL COST (inc gst) $ ______

- CHEQUE - Cheque payable to The University of Newcastle

- CREDIT CARD Please debit my VISA MASTERCARD EXPIRY DATE ______/
  CARD NUMBER ___________________________ / ___________________________ / ___________________________ / ___________________________
  NAME OF CARDHOLDER ___________________________
  SIGNATURE ___________________________ CARDHOLDER’S CONTACT NO. ___________________________

- ONLINE @ www.newcastle.edu.au/drumbeat

CANCELLATION POLICY Written requests for registration refunds must be postmarked or emailed 2 weeks prior to the commencement date and will then be refunded (less $80.00 processing fee). Cancellations received within 2 weeks of the commencement date will not be refunded although the registration can be transferred to another participant for the same workshop. No refunds are given for no-shows. In the event of unforeseen circumstances The Family Action Centre reserves the right to change or cancel workshops.

The Family Action Centre is a not for profit organisation. By attending events or purchasing resources from the FAC you are supporting the development of future resources and continued delivery of professional development training.

We will keep you informed of future training opportunities. I DO NOT wish to be added to the promotional database

QUESTIONS? Call: 02 4921 6403 Send your Registration Form by: e: FAC-events@newcastle.edu.au f: 02 4921 8686 p: Family Action Centre, University of Newcastle, University Drive, CALLAGHAN NSW 2308

Why not HOST a 2014 DRUMBEAT WORKSHOP Benefits include 1 FREE placement

Call our office to EXPRESS YOUR INTEREST (See contact details below)